



Pathway to the Future

## Berryessa Union School District

### Healthy Youth Task Force

September 12, 2018, Majestic Way FIS

*Meeting Minutes*

#### 1. **Welcome and Introductions**

The meeting started at 3:06 PM.

Present: Bonnie Hall, Chris Davis, Deborah Anderson, Eleanor Strong, Heidi Winig, Kalpana Thatte, Lori Wallace-Pushnaitis, Lucrece Tom, Mae Fields, Nandini Pal, Barbara Friedenbach

#### 2. **Approval of the Agenda**

The agenda was approved without the addition of new items.

#### 3. **Approval of Meeting Minutes**

The minutes were approved with the following revision: Under 5.1 the number of late attendees, who did not sign in at the Sierramont Parent Education night because they came after the meeting started, was added to the minutes (20). A recommendation was made to consider nominating a chair for future meetings.

#### 4. **Review Norms**

The norms were read aloud:

The meeting norms approved in a prior meeting were read aloud.

##### **Norms:**

1. Community awareness
2. Open Mind
  - Listening to understand not just to respond
  - Asking for clarifications
  - Observing versus evaluating
3. Awareness of non-verbal signals
4. Equity of voice - Step up, step back
5. Assuming best intentions
6. Being nonjudgmental
7. Safe Space to Feel
8. Confidentiality
9. Student Centered
10. Awareness of a common goal
  - Being careful of personal agenda
11. Consensus Building
12. Being respectful - avoid derogatory terms



## 5. **New Business Items:**

### 5.1. **2018-19 Task Force Goals and Timeline**

The goal of the task force is to serve as an advisory committee regarding compliance with the California Healthy Youth Act. District goals for 2018-2019 school year are listed below. Reports on progress towards meetings these goals will be brought to the task force for advisement during this year.

- Refine the *Positive Prevention Plus* lessons based on teacher and student input
- Provide two days of training on *Positive Prevention Plus* for new 7th grade science teachers
- Provide at least two release days for teachers to plan delivery of the curriculum
- Provide support through Planned Parenthood
- Educate the BUSD School Board regarding the California Healthy Youth Act
- Translate parent notification letters into Mandarin and Vietnamese
- Provide at least one parent education night in addition to curriculum review nights.

There was a discussion about the role Planned Parenthood will play in providing support. The task force recommended Planned Parenthood provide resources for improving lessons during planning release days.

The timeline for these goals was shared:

September to October: schedule release days, training dates, parent education nights, translate parent notification letter; review feedback on *Positive Prevention Plus*.

November - December: Parent education

January - February: School Board study session on the California Healthy Youth Act

March: Release days for planning curriculum; parent notification

April: Parent education nights to review curriculum

May: Collect data on implementation

August - October: possibly bring curriculum to board for adoption

### 5.2. **Spring 2018 Positive Prevention Plus Implementation Feedback**

A summary of student outcomes was shared. (See attachment.) Overall feedback indicated that students liked the videos, activities and the opportunity to open up to peers about sexual health topics. Over 90% of the comments were positive. Student indicated the lessons could be



improved with more activities, topics, and time for questions. 637 students provided feedback. 72% said the lessons were engaging. 65% of students reported the homework lessons were helpful. Discussion focused on notable misconceptions. Only 53% thought it is just as important for men to get regular check ups as women. Only 57% indicated that contraception can greatly reduce the risk of unintended pregnancy when used consistently and correctly. Recommendations were made for collecting student feedback in 2019: offer the survey as a pretest online; change the lexile level of the survey; reduce the scientific jargon.

Key points from teacher feedback on *Positive Prevention Plus* curriculum was shared. The lessons required more than one day to deliver and did not allow enough time for students' anonymous questions. Student questions frequently addressed masturbation, circumcision and periods but these topics were not covered in the lessons. Students feedback indicated they would like more engagement and activities, which is difficult to do when so much content is covered in the lessons and slides. The following suggestions were made during discussion: provide information on what is mandatory, delete medical terms and/or information that is not appropriate for 7th grade; add content on topics of common concern to students; explore what content could be taught in other subjects such as PE or social studies; consider dividing the content into grades 6-8. Heidi Winig agreed to prepare a checklist of mandatory topics to be covered according the the California Healthy Youth Act.

### **5.3. Options for 2019 Implementation**

Barbara Friedenbach reported that *Positive Prevention Plus* will be used in in Spring of 2019. Teachers will have the opportunity to make revisions to lessons based on feedback from the 2018 implementation. Release days will be provided in October and March for teachers to meet and make common improvements to the lessons. During the meetings they will use the checklist provided by Heidi Winig to ensure the lessons are in compliance.

## **6. Open Discussion/Future Agenda Items**

The task force discussed the possibility of exploring new curriculum in the future. Discussion in favor of investigating other curriculum addressed the need for more inclusive lessons. Discussion in favor of continuing with *Positive Prevention Plus* addressed the fact that the community has expressed comfort with Positive Prevention Plus and that the curriculum helps kids and the community have respect for one another.

## **7. Future Meeting Dates:**



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- October 10, 2018; 3:00 - 4:30; Large Board Room
- November 7, 2018; 3:00 - 4:30; Majestic Way FIS
- January 30, 2019; 3:00 - 4:30; Large Board Room