



Berryessa Union School District Healthy Youth Task Force

October 10, 2018

3:00 - 4:30

Large Boardroom

1. **Welcome and Introductions**

The meeting started at 3:07

Present: Bonnie Hall, Eleanor Strong, Lucrece Tom, Kalpana Thatte, Nandini Pal, Deborah Anderson, Barbara Friedenbach, Heidi Winig

2. **Approval of the Agenda**

The agenda was approved.

3. **Approval of Meeting Minutes**

Minutes were approved as amended.

4. **Review Norms**

The norms were read aloud:

The meeting norms approved in a prior meeting were read aloud.

Norms:

1. Community awareness
2. Open Mind
 - Listening to understand not just to respond
 - Asking for clarifications
 - Observing versus evaluating
3. Awareness of non-verbal signals
4. Equity of voice - Step up, step back
5. Assuming best intentions
6. Being nonjudgmental
7. Safe Space to Feel
8. Confidentiality
9. Student Centered
10. Awareness of a common goal
 - Being careful of personal agenda
11. Consensus Building
12. Being respectful - avoid derogatory terms

5. **Clarification of District Timelines, Task Force Roles, and Long Term Goals**

The role of the task force is to serve as an advisory committee. The task force plays a vital role in communicating with community members and providing input on community perspectives to support the District. The long-term goal of the task force is to advise the district on K- 8 health education. The current focus is the adoption of middle school sex education curriculum and when this is accomplished the task force could possibly support the review of puberty curriculum. When the health framework comes out there may be more clarification about what must be taught K-8, providing information about further work to be done in elementary.

6. **New Business Items:**

6.1. Update on Positive Prevention Plus Curriculum Review and Teacher Meeting

7th grade teachers who taught Positive Prevention Plus last year met on October 4th to explore what is in the curriculum that can be excluded, what is recommended to be retained, and what might be added so that the curriculum can shift from compliant to excellent. This exploration was done with the intent of assuring that the curriculum remained CHYA compliant. In addition, the curriculum must be at least two weeks long, be the same across all three schools, and match what is communicated in parent education meetings.

Teacher reported that the lessons are dense and could easily take 15 days or more to teach. Also, when every line on the slides is read out, teachers often found there was not enough time for students to process and retain the information. Student interaction and engagement are needed to help students to understand the information, and time was often not available at the end of lessons for question and answer. Questions that did arise on topics such as masturbation and circumcision that are not covered in the curriculum.

Teachers reported that they would like more social emotional training in order to deal with trauma that can sometimes arise for children in dealing with topics in the curriculum. On October 4th the teachers developed a list of 10 lesson topics from Positive Prevention Plus, that meet all the requirements of CHYA and streamline the presentation to 10 days. Education Services with support from Heidi Winig and Jenna Peterson, will update the curriculum and bring it back to teachers and the task force for review.

Parents advised the following with regard to making any changes to Positive Prevention Plus:

- Use caution if going beyond the Positive Prevention Plus curriculum and communicate with transparency.
- Parents are not necessarily asking for more. They want age appropriate.
- Communicate clearly that the curriculum is not pushing a point of view on students and families. Even when teachers have varying personal points of view, the curriculum they present is the same. Remind the parents that there is homework everyday and the family establishes their values.

6.2. Parent Education Opportunities

There is a desire in the community for more parent education on sex ed. The task force discussed a variety of media for communicating with parents including social media such as YouTube and Facebook. It was noted for example that a 5 minute snippet about each lesson could be posted. A recommendation was made for a possible survey of topics for parent education.

6.3. Consider Nomination of a Chair

7. Open Discussion/Future Agenda Items

A topic recommended for discussion at the next meeting was a parent survey on parent education topic.

8. Future Meeting Dates:

Future meeting dates listed below were noted.

- November 7, 2018; 3:00 - 4:30; Majestic Way FIS
- January 30, 2019; 3:00 - 4:30; Large Board Room

The task force decided to move the January 30th meeting to January 29.