



## Berryessa Union School District

### Healthy Youth Task Force

November 7, 2018

3:00 - 4:30

Majestic Way FIS

#### AGENDA

1. **Attendees:** Heidi Winig, Jenna Peterson, Eleanor Strong, Deborah Anderson, Barbara Friedenbach, Lucrece Tom, Mae Fields
2. **Approval of the Agenda**  
The agenda was approved with the addition of one item. Suggestions for promoting transparent communication was added to the agenda.
3. **Approval of Meeting Minutes**  
The meeting minutes were approved as amended. A typo under 6.1 was corrected from 7th to 7th. The committee approved the inclusion of "Transparent Communication with Parents Suggestions," respectfully submitted by Deborah Anderson in the meeting minutes.
4. **Review Norms**  
The norms were read aloud:  
The meeting norms approved in a prior meeting were read aloud.  
**Norms:**
  1. Community awareness
  2. Open Mind
    - Listening to understand not just to respond
    - Asking for clarifications
    - Observing versus evaluating
  3. Awareness of non-verbal signals
  4. Equity of voice - Step up, step back
  5. Assuming best intentions
  6. Being nonjudgmental
  7. Safe Space to Feel
  8. Confidentiality
  9. Student Centered
  10. Awareness of a common goal
    - Being careful of personal agenda
  11. Consensus Building



12. Being respectful - avoid derogatory terms

**5. New Business Items:**

**5.0 Suggestions for how to promote transparent communication**

Suggestions for how to promote transparent communication with parents were provided by Deborah Anderson. See the attachment at the end of the minutes. She recommended that we be transparent about what will be taught. For example, if masturbation often comes up as a question from students in one of the lessons - let parents know that.

**5.1. Process and Timeline for Positive Prevention Plus Pilot Year 2**

Teachers will pilot the lessons in May and provide feedback. Based on the feedback a decision will be made whether to adopt the PPP curriculum or make continue to explore options.

**5.2. Report from Heidi on Curriculum Updates**

There was a suggestion that parents have resources before lessons that would be helpful in previewing the lessons with their students. Heidi Winig and Jenna Peterson, have been working on implementing the teachers' recommendations for updating the curriculum to fit in a two week period. The lessons will incorporate some of the slides from the newest 2018 version of Positive Prevention Plus. Last year, teachers used the 2016 version. Anatomy slides were brought in to be used with students who need a review of anatomy. A recommendation is being made to eliminate the "Liking and Loving" lesson because it is not clear. The recommendation was made that district identify places where students can go for confidential services. The options for services could be provided on the website. It is also recommended that the district communicate procedures for how students are released to go for medical appointments if the student requests confidential medical treatment.

**5.3. Process for Reviewing Curriculum Updates**

Discussion focused on the optimum way for task force members to give feedback on the Positive Prevention Plus curriculum. Some members preferred to review curriculum at home, while others prefer after school meetings. An additional, meeting was schedule for December 11 to review curriculum. It was also agreed that it will be posted online for review. 7th grade science teachers will have access to the online curriculum and are invited to give feedback. They will be informed that their input is important, since the task force will make decisions regarding



next steps. Everyone needs to be informed that the curriculum is proprietary. It can't be shared with others.

The following items were delayed until future meetings, due to time limitations:

5.4. Input on Anatomy Slides

5.5. Input on Parent Feedback Survey

5.6. Parent Education Topics

**5.7. Possibility of Extending Next Meeting (2 hours)**

The meeting will be extended to two hours and those who can stay longer will use the time if needed to finalize the lesson review.

**6. Open Discussion/Future Agenda Items**

An additional meeting was scheduled for December 11. The focus of the meeting will be on reviewing the Positive Prevention Plus lessons.

**7. Future Meeting Dates:**

- January 29, 2019; 3:00 - 4:30; Large Board Room

## Transparent Communication with Parents Suggestions

1. **Be transparent about the genesis of the new curriculum and how teachers are trained.** On the district website, publish information explaining the Berryessa Health Curricula and its genesis. If curricula other than PPP is being used, state what curricula is being used and how. State that all teachers are trained by Planned Parenthood personnel and CARDEA services.

2. PPP lesson plans cannot be published online for proprietary reasons, **but an outline of day-by-day lesson topics and activities in general terms can be published.** State, for example, how contraceptive devices will be taught: written description, slide, teacher demonstration, student manipulation, etc. Also, publish the pictures on the district website that students will see in the curricula.

3. As decisions are made about what is to be included in the new curricula, **only include topics that are in the state standards.** Parents can refer to the state standards, knowing that the curricula is limited to those topics. There may be questions that students have that aren't in the curricula. Because teachers need to stay "on script", deal with these non-curricula questions (from the question box or from the class) in the following ways:

- a. Validate the question, and tell the student that it's not in the curricula.
- b. Refer the student to a credible resource, online or in print.
- c. Refer the student to an outside organization or the school counseling services.
- d. Let the parents know about these questions---either as a class email or an individual email to the parent.

Questions may typically come up in class discussion that aren't in the state standards, e.g. questions about masturbation. In such cases, inform parents what questions are often asked and how teachers respond to them.

4. **Teachers can send an email to the parents of the students in their classes, telling the parents of the upcoming curricula and information meetings.** Let parents know that, by law, they have the right to meet with the principal and/or the teacher. Explain the opt-out procedures. A personalized email from the teacher, directly into a parent's inbox will be more effective than a mass email or a Infinite Campus posting. After the curricula has been finished, teachers can send another email with unanswered question topics as well as community resources for students and teaching resources for parents. These emails don't have to be written by the teacher---they can be the same email distributed across the district. All teachers would need to do is copy and paste the email and fill in unanswered question topics from their individual classes.

5. **Assume best intent of the parent community.** An "us" against "them" mentality isn't as effective as a cooperative effort.

6. **If the intent is to expand health and sex ed 6<sup>th</sup>-8<sup>th</sup> and K-5, indicate these plans on the district website. (Future Item)**

Respectfully Submitted to the BUSD Healthy Youth Task Force 11/7/18. Revised 12/11/18.  
By Deborah Anderson