

Policy 5141.52: Suicide Prevention

Status: ADOPTED

Original Adopted Date: 08/14/2018 | **Last Revised Date:** 05/14/2020 | **Last Reviewed Date:** 05/14/2020

The Governing Board recognizes that suicide is a leading cause of death among youth and that school personnel who regularly interact with students are often in a position to recognize the warning signs of suicide and to offer appropriate referral and/or assistance. In an effort to reduce suicidal behavior and its impact on students and families, the Superintendent or designee shall develop measures and strategies for suicide prevention, intervention, and postvention.

In developing policy and strategies for suicide prevention and intervention, the Superintendent or designee shall consult with school and community stakeholders such as administrators, other staff, parents/guardians, and students; school-employed mental health professionals such as school counselors, school psychologists, school social workers, and school nurses; suicide prevention experts such as local health agencies, mental health professionals, and community organizations; law enforcement; and, in developing policy for grades K-6, the county mental health plan. (Education Code 215)

The Board shall ensure that measures and strategies for students in grades K-6 are age appropriate and delivered and discussed in a manner that is sensitive to the needs of young students. (Education Code 215)

Measures and strategies for suicide prevention, intervention, and postvention shall include, but are not limited to:

1. Staff development on suicide awareness and prevention for teachers, school counselors, and other district employees who interact with students, as described in the accompanying administrative regulation
2. Instruction to students in problem-solving and coping skills to promote students' mental, emotional, and social health and well-being, as well as instruction in recognizing and appropriately responding to warning signs of suicidal intent in others
3. Methods for promoting a positive school climate that enhances students' feelings of connectedness with the school and that is characterized by caring staff and harmonious interrelationships among students
4. The provision of information to parents/guardians regarding risk factors and warning signs of suicide, the severity of the suicide problem among youth, the district's suicide prevention curriculum, basic steps for helping suicidal youth, and/or school and community resources that can help youth in crisis
5. Encouragement for students to notify appropriate school personnel or other adults when they are experiencing thoughts of suicide or when they suspect or have knowledge of another student's suicidal intentions
6. Crisis intervention procedures for addressing suicide threats or attempts
7. Counseling and other postvention strategies for helping students, staff, and others cope in the aftermath of a student's suicide

As appropriate, these measures and strategies shall specifically address the needs of students who are at high risk of suicide, including, but not limited to, students who are bereaved by suicide; students with disabilities, mental illness, or substance use disorders; students who are experiencing homelessness or who are in out-of-home settings such as foster care; and students who are lesbian, gay, bisexual, transgender, or questioning. (Education Code 215)

If a referral is made for mental health or related services for a student in grade K-6 who is a Medi-Cal beneficiary, the Superintendent or designee shall coordinate and consult with the county mental health plan. (Education Code 215)

District employees shall act only within the authorization and scope of their credential or license. Nothing in this policy shall be construed as authorizing or encouraging district employees to diagnose or treat mental illness unless they are specifically licensed and employed to do so. (Education Code 215)

The Board shall review, and update as necessary, this policy at least every five years. (Education Code 215)

The Superintendent or designee shall post this policy on the district's web site, in a prominent location and in a manner that is easily accessible to parents/guardians and students. (Education Code 234.6)

Policy Reference Disclaimer: These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

State References

	Description
Ed. Code 215	Suicide prevention policies
Ed. Code 215.5	Student identification cards; inclusion of safety hotlines
Ed. Code 216	Suicide prevention online training programs
Ed. Code 234.6	Bullying and harassment prevention information
Ed. Code 32280-32289.5	School safety plans
Ed. Code 49060-49079	Student records
Ed. Code 49602	Counseling and confidentiality of student information
Ed. Code 49604	Suicide prevention training for school counselors
Gov. Code 810-996.6	Government Claims Act
Pen. Code 11164-11174.3	Child Abuse and Neglect Reporting Act
W&I Code 5698	Emotionally disturbed youth; legislative intent
W&I Code 5850-5886	Children's Mental Health Services Act

Management Resources References

	Description
California Department of Education Publication	Health Framework for California Public Schools, Kindergarten Through Grade Twelve, 2019
California Department of Education Publication	Model Youth Suicide Prevention Policy
California Department of Education Publication	Health Education Content Standards for California Public Schools, Kindergarten Through Grade Twelve, 2008
CALSCHLS Publication	California School Staff Survey (CSSS)
CALSCHLS Publication	California School Parent Survey (CSPS)
CALSCHLS Publication	California Healthy Kids Survey (CHKS)
Centers for Disease Control&Prevention Publication	School Connectedness: Strategies for Increasing Protective Factors Among Youth, 2009
Court Decision	Corales v. Bennett (Ontario-Montclair School District), (2009) 567 F.3d 554
Each Mind Matters Publication	Making Headlines: Guide to Engaging the Media in Suicide Prevention in California, 2012
Heard Alliance Publication	K-12 Toolkit for Mental Health Promotion and Suicide Prevention, 2017
Mental Health Svcs Oversight & Accountability Pub	Striving for Zero: California's Strategic Plan for Suicide Prevention 2020-2025
Nat'l Assoc. of School Psychologists Publication	Preventing Suicide: Guidelines for Administrators and Crisis Teams, 2015
Suicide Prevention Resource Center Publication	After a Suicide: A Toolkit for Schools, 2nd Edition, 2018
U.S. Dept. of Health & Human Services Publication	Preventing Suicide: A Toolkit for High Schools, 2012
U.S. Dept. of Health & Human Services Publication	National Strategy for Suicide Prevention: Goals and Objectives for Action, rev. 2012
Website	Suicide Prevention Messaging - https://simbli.eboardsolutions.com/SU/WgC4PLLjrBOIBeSNRS8O4g==
Website	National Action Alliance for Suicide Prevention - https://simbli.eboardsolutions.com/SU/tud4tHfNpPI5tEY5FjQ36A==
Website	Mental Health Services Oversight and Accountability Commission - https://simbli.eboardsolutions.com/SU/BfgjBiPvJqdkl8ILZ1o91g==

Website	HEARD Alliance - https://simbli.eboardsolutions.com/SU/CZqVMxuR72Oxcslsh5XaSU0iA==
Website	Each Mind Matters: California's Mental Health Movement - https://simbli.eboardsolutions.com/SU/qpka5RPTtcMrmjmbnWkpnA==
Website	Crisis Text Line - https://simbli.eboardsolutions.com/SU/fHZ6qL5YDq7TZgyB6pMx8A==
Website	CalSCHLS - https://simbli.eboardsolutions.com/SU/MhvMT2GZ5w18eNbppUL7Aw==
Website	California Mental Health Services Authority - https://simbli.eboardsolutions.com/SU/x1slsh1z08IKZaJDnul97LIRQ==
Website	National Child Traumatic Stress Network - https://simbli.eboardsolutions.com/SU/fsMXOe6GO4nOQplus2T5QtsUQ==
Website	Substance Abuse and Mental Health Services Administration - https://simbli.eboardsolutions.com/SU/fqslshmyInfegyQnF2VZzOI5g==
Website	Suicide Prevention Lifeline - https://simbli.eboardsolutions.com/SU/afV0kpluspY6dedsmutWePi1w==
Website	Suicide Prevention Resource Center - https://simbli.eboardsolutions.com/SU/2cfjFY4ju3lrj8NMBvPa0g==
Website	Trevor Project - https://simbli.eboardsolutions.com/SU/YGdplusizjTY5ffqCzyaC432A==
Website	American Academy of Pediatrics - https://simbli.eboardsolutions.com/SU/pQA5jsiFzEUmkj21atIW8w==
Website	American Association of Suicidology - https://simbli.eboardsolutions.com/SU/2epimFF2un2Frplus9gZent5w==
Website	American Foundation for Suicide Prevention - https://simbli.eboardsolutions.com/SU/FEUu0bQA19UxSaw3Wtfi0A==
Website	American Psychological Association - https://simbli.eboardsolutions.com/SU/whnZxkEv3ftXlZAgq4Eknw==
Website	California Department of Education, Mental Health - https://simbli.eboardsolutions.com/SU/U8yblhoblslshzvd8YxPBKw==
Website	California Department of Health Care Services, Mental Health Services - https://simbli.eboardsolutions.com/SU/lhJ9IBnSx33gyv3jSdm7LQ==
Website	Centers for Disease Control and Prevention, Mental Health - https://simbli.eboardsolutions.com/SU/zljgm8LIDJLplusGWxslshSbPEQ==
Website	National Association of School Psychologists - https://simbli.eboardsolutions.com/SU/2Pbs2eislshfyVi8hrLAnClslshQ==
Website	National Institute for Mental Health - https://simbli.eboardsolutions.com/SU/IYEslskeWiWcCFo92HqaA==
Website	American School Counselor Association - https://simbli.eboardsolutions.com/SU/R1ggYp24tGNHpluszwmaMrEvg==

Cross References

Description

0450	Comprehensive Safety Plan - https://simbli.eboardsolutions.com/SU/pgApP4MnbiUirPPDA1sAMA==
0450	Comprehensive Safety Plan - https://simbli.eboardsolutions.com/SU/otXWxpl2g4p4VoQpYBAQCQ==
1112	Media Relations - https://simbli.eboardsolutions.com/SU/DuE6PH8qo6myDRo0KfxqKg==
1220	Citizen Advisory Committees - https://simbli.eboardsolutions.com/SU/L2aCVzEvt36nZ5JjtLusDg==

1220 Citizen Advisory Committees - <https://simbli.eboardsolutions.com/SU/EIEuaoBzHORoWozTg3VvNQ==>

1240 Volunteer Assistance - <https://simbli.eboardsolutions.com/SU/t5bXMiQ3ZjI90t6J9nE49w==>

1240 Volunteer Assistance - <https://simbli.eboardsolutions.com/SU/MslshwiCEXxu5R7IRmHDfekcg==>

1400 Relations Between Other Governmental Agencies And The Schools - <https://simbli.eboardsolutions.com/SU/aQ7zRFhZQ4wgRN0z5VsMwQ==>

3515 Campus Security - <https://simbli.eboardsolutions.com/SU/4KGxN9tgZjIxxFD8BaZ6zg==>

3515 Campus Security - <https://simbli.eboardsolutions.com/SU/SBU1Wqm6k3kFchoel5uRCg==>

4112.21 Interns - <https://simbli.eboardsolutions.com/SU/yu1PgyBRG4svZB4M9xpoCw==>

4112.21 Interns - <https://simbli.eboardsolutions.com/SU/njtslshNmtYplusBnmS9uhislsh5UoA==>

4121 Temporary/Substitute Personnel - <https://simbli.eboardsolutions.com/SU/dKrbCbwQ0a0nGx96Tuv1Sg==>

4121 Temporary/Substitute Personnel - <https://simbli.eboardsolutions.com/SU/slshiVuOrwMeHmFyE2FrlC9plusw==>

4127 Temporary Athletic Team Coaches - <https://simbli.eboardsolutions.com/SU/s5QU3D34ZT8QKe0GsgM9Q==>

4127 Temporary Athletic Team Coaches - <https://simbli.eboardsolutions.com/SU/GEmrCdOeplusplus6kslshLiT9b5oplusw==>

4131 Staff Development - <https://simbli.eboardsolutions.com/SU/ofCiZ4JP5OFcbQsJHwBvUw==>

4227 Temporary Athletic Team Coaches - <https://simbli.eboardsolutions.com/SU/0IPF7jlsAUrFBfLDR6duOQ==>

4227 Temporary Athletic Team Coaches - <https://simbli.eboardsolutions.com/SU/adNfheX9slshV8917CjkVJmeA==>

4231 Staff Development - <https://simbli.eboardsolutions.com/SU/OgljplusUEH6duZgau5tuM32g==>

4327 Temporary Athletic Team Coaches - <https://simbli.eboardsolutions.com/SU/jmRtrcC6AplusfW7vxMzOplusoQQ==>

4327 Temporary Athletic Team Coaches - <https://simbli.eboardsolutions.com/SU/dLU2DcNjwBplusR41JolotxQ==>

4331 Staff Development - <https://simbli.eboardsolutions.com/SU/JIDKRliZICslshkgfGSKJWpluszA==>

5125 Student Records - <https://simbli.eboardsolutions.com/SU/PkAXD91TjbsGjZplusomIAYQ==>

5125 Student Records - <https://simbli.eboardsolutions.com/SU/eAgs6nHselg3pnPPMIF1KA==>

5131 Conduct - <https://simbli.eboardsolutions.com/SU/3aoy3fWcJ6hXacpe8fdSEw==>

5131.2 Bullying - <https://simbli.eboardsolutions.com/SU/aD34OAipLut4ZQ4emslshEh1g==>

5131.6 Alcohol And Other Drugs - <https://simbli.eboardsolutions.com/SU/yjCsslshgA8ORONslsh9bEHliiYA==>

5131.6 Alcohol And Other Drugs - <https://simbli.eboardsolutions.com/SU/3k4cLQPslshPzXsmhopviiZtA==>

5137 Positive School Climate - <https://simbli.eboardsolutions.com/SU/LuslshF1DslshHbw8xyk79JHvmw==>

- 5141 Health Care And Emergencies - <https://simbli.eboardsolutions.com/SU/epvHFWCvS9joTENQBfjmEQ==>
- 5141 Health Care And Emergencies - <https://simbli.eboardsolutions.com/SU/m67jng3wv2KlfK0SwFxB9A==>
- 5141.22 Infectious Diseases - <https://simbli.eboardsolutions.com/SU/gXtInglQVOuPslsh13Pw8re9Q==>
- 5141.22 Infectious Diseases - <https://simbli.eboardsolutions.com/SU/hl4aa8evbc7OrnaGPCtB1Q==>
- 5141.4 Child Abuse Prevention And Reporting - <https://simbli.eboardsolutions.com/SU/WJVVxJIV36QETrbwB2By0g==>
- 5141.4 Child Abuse Prevention And Reporting - <https://simbli.eboardsolutions.com/SU/0s8kVLmt5I9DYIURhKCPNA==>
- 5141.6 School Health Services - <https://simbli.eboardsolutions.com/SU/plusbzdE8fLSwLCcklxFMGFqg==>
- 5142 Safety - <https://simbli.eboardsolutions.com/SU/bH7vmGQslshb8fK4ojGjwRnQg==>
- 5142 Safety - <https://simbli.eboardsolutions.com/SU/GJ0cxS4erILHv5NmCDXxrg==>
- 5145.3 Nondiscrimination/Harassment - <https://simbli.eboardsolutions.com/SU/raW97X8t2C0gFUplusslshPAyjww==>
- 5145.3 Nondiscrimination/Harassment - <https://simbli.eboardsolutions.com/SU/B14sKH0N3XrP9LplumTbkkpQ==>
- 5145.7 Sexual Harassment - <https://simbli.eboardsolutions.com/SU/7C0nH985emwTX7xf13bchA==>
- 5145.7 Sexual Harassment - <https://simbli.eboardsolutions.com/SU/PxekWpBGOOyZZLW8aobnLA==>
- 5145.9 Hate-Motivated Behavior - <https://simbli.eboardsolutions.com/SU/RE6ObpCc2RaYvVYplusWwD8uA==>
- 5148.2 Before/After School Programs - <https://simbli.eboardsolutions.com/SU/K4oOpluskayA32X0GLVaXaevw==>
- 5148.2 Before/After School Programs - <https://simbli.eboardsolutions.com/SU/gtsBINHNv4XMUu0MAJU1cA==>
- 6142.8 Comprehensive Health Education - <https://simbli.eboardsolutions.com/SU/mPRfyGatmikHSwHHVxYAWA==>
- 6142.8 Comprehensive Health Education - <https://simbli.eboardsolutions.com/SU/plusl0BhXEOyXnplusA79o0gilmw==>
- 6145.2 Athletic Competition - <https://simbli.eboardsolutions.com/SU/rJWtkusO2IIEkTmfySslshyzQ==>
- 6145.2 Athletic Competition - <https://simbli.eboardsolutions.com/SU/ypBJH97frzbgLAsowvITNQ==>
- 6145.8 Assemblies And Special Events - <https://simbli.eboardsolutions.com/SU/RluiCrm1woc1MMPlCkp1ng==>
- 6164.2 Guidance/Counseling Services - <https://simbli.eboardsolutions.com/SU/fwth8mNTgmavHEhgMxSeg==>
- 6164.5 Student Success Teams - <https://simbli.eboardsolutions.com/SU/xUmMVYwZrreXld9icbB6SQ==>
- 6164.5 Student Success Teams - <https://simbli.eboardsolutions.com/SU/kCKCW8CDWEvWweYQImzkkA==>