



Pathway to the Future

Berryessa Union School District Healthy Youth Task Force

January 31, 2019

3:30 - 5:00

District Office - Large Board Room

Meeting Minutes

The meeting was called to order at 3:35 pm.

Attendees:

M. Fields, B. Hall, E. Strong, L. Tom, C. Davis, N. Pal, D. Anderson, H. Winig, J. Peterson, J. McCreary, B. Friedenbach

Approval of the Agenda

C. Davis 1st motion, E. Strong 2nd motion, approved unanimously.

Approval of Meeting Minutes

The minutes were approved as amended. C. Davis 1st motion, N. Pal 2nd motion, approved unanimously.

Review Norms

The meeting norms were read aloud by E. Strong.

Norms:

1. Community awareness
2. Open Mind
 - Listening to understand not just to respond
 - Asking for clarifications
 - Observing versus evaluating
3. Awareness of non-verbal signals
4. Equity of voice - Step up, step back
5. Assuming best intentions
6. Being nonjudgmental
7. Safe Space to Feel
8. Confidentiality
9. Student Centered
10. Awareness of a common goal
 - Being careful of personal agenda

Discussion Positive Prevention Plus Curriculum Enhancements

Heidi Winig and Jenna Peterson led discussion on proposed curriculum enhancements from 3:50 - 4:25. Regarding the lesson for day 2, the SFUSD anatomy slides received



the most positive feedback for use in BUSD. During discussion on gender and orientation enhancements from SFUSD curriculum for the day three lesson, several points were made. There is a lot of information presented that may be complicated for 7th grade students in that it gives a lot of definitions. Positive Prevention Plus also gives numerous definitions. J. Peterson and H. Winig agreed to work on modifying the SFUSD lesson to be CA compliant and less complex. Regarding the day 5 lesson on human trafficking and sexual Assault, Ed. Code was amended so that the human trafficking needs to be included. The task force reviewed the content of 2018 Positive Prevention Plus slides and SFUSD activities on setting boundaries and understanding human trafficking. During discussion it was noted that talking to a trusted adult needs to be given as an option when a student feels they have been in an unsafe situation. In reference to lesson 9 on, the pregnancy options and contraceptive lesson were combined. The summary of the lesson is uploaded with suggested changes. Concern was raised that some students will think that abortion is never okay and be uncomfortable discussing it as an option. Considering that it's important for students to feel safe and comfortable in the classroom, they could have the option to pass or the activity could be done whole group with some students choosing not to participate.

J. Peterson offered to upload the slides to each corresponding lesson folder to make review of suggested enhancements by task force members easier.

Review Parent Letter for 2019

The task force reviewed the parent letter and made recommendation for edit including improvements to grammar, inclusion. The task force agreed that the letter should be brought back for review at the next meeting.

Parent Meetings to Introduce Positive Prevention Plus Curriculum

The following dates were chosen for presenting the Positive Prevention Plus curriculum to 7th grade parents: March 26th PM, March 27th AM, May 2nd PM, and that the flyer should be translated into multiple languages.

Discussion of Topics for Parent Education Night

The following topics were presented as possible options for a parent education night.

- Cardea Services could provide parent ed nights:
 - How to talk to kids about healthy relationships and healthy sexuality
 - How to think and talk about explicitly sexual media
- Planned Parenthood has some developed some workshops in Spanish about how to talk about gender and sexuality
- Health Connected offers a parent and child education night
- "Talk with the Doc" with to provide an opportunity to learn more and pose questions. Consider having both a male and female doctor.
- STD controller at the department of Public Health is able to give this kind of talk.



Board Presentation - March 12

B. Friedenbach asked who might be willing to help present information on the California Healthy Youth Act and the Task Force's efforts to support compliance in BUSD. Eleanor and Deborah stated that they might be available to support. Chris and Nandini stated that they would be willing to help present.

Determine Dates for any Additional Healthy Youth Tasks Force Meetings

The committee agreed to hold the next meeting on February 28 from 3:30 - 5:00 in the boardroom.

Adjournment

The meeting is adjourned at 5:10.