



## Berryessa Union School District Healthy Youth Task Force

December 11, 2018

3:00 - 5:00

District Office - Small Board Room

### AGENDA

#### **Attendees:**

B. Friedenbach, B. Hall, C. Davis, D. Anderson, E. Strong, Morrill J. Peterson, H. Winig, L. Tom, N. Pal, M. Fields

The meeting started at 3:07 pm.

#### **Approval of the Agenda**

B. Friedenbach introduced the agenda. Chris Davis, 1st motion. Nandini Pal, 2nd motion. Approved unanimously.

#### **Approval of Meeting Minutes**

Debra Anderson made corrections and revisions to the last meeting handout as discussed. Copies of the amended handout were passed out. C. Davis made a motion to approve the minutes as amended (incorrect numbering fixed and paragraph 5 added to item 2 of the handout). The motion was seconded by Eleanor Strong and passed.

#### **Review Norms**

The meeting norms approved in a prior meeting were read aloud by C. Davis.

##### **Norms:**

1. Community awareness
2. Open Mind
  - Listening to understand not just to respond
  - Asking for clarifications
  - Observing versus evaluating
3. Awareness of non-verbal signals
4. Equity of voice - Step up, step back
5. Assuming best intentions
6. Being nonjudgmental
7. Safe Space to Feel
8. Confidentiality
9. Student Centered
10. Awareness of a common goal
  - Being careful of personal agenda

Task force members affirmed that they were confident norms were being followed.



*Pathway to the Future*

### **New Business Items:**

#### **Review process for approval of supplementary items:**

A confidential document was created for the committee to review the Positive Prevention Plus curriculum and some suggested enhancements to the curriculum. The curriculum should be covered for a minimum of 10 days.

In the document, all materials that will be discussed in the classroom are included, so that parents can be informed exactly what will be taught.

Teachers will receive a PDF of slides, so that every teacher uses the same slides. There will be agreement on exactly how it will flow and any adjustments will be made prior to teaching so that no individual teacher needs to edit the slides.

Suggested enhancements to the curriculum were shared and discussed.

- 1) Each child will name who their trusted adult is in the first lesson in a general way such as "my aunt," "my dad" and these can be posted anonymously on a wall.
- 2) Teachers requested an external and internal slide for male and female. A place has been provided for each task member to vote in the document on their preferred slides prior to the January meeting.
- 3) The recommendation was made that teachers should require everyone to write something for the question box, so questions are truly anonymous. When questions are not covered by the curriculum, tell students that the question is not in the scope of the program.
- 4) Two videos were viewed. The task force approved the girls video and elected to continue looking for a boys video about puberty.
- 5) The team will review other videos that could be added as enhancement and vote on them before the next meeting in January.
- 6) The gender identity and gender expression videos are being recommended as a resource that can be added to the lesson.
- 7) Information was shared about the Couplets videos which are very relatable to 7th graders. The videos are produced by One Love and are available for trainings. They are very short, sometimes less than 20 seconds. There is a guide that is laid out for teachers to use. They are also very appropriate for life skills class. It could be taught in another curricular area. The Couplets would replace the loving versus liking activity. The Ed. Code requires discussing what are healthy relationship behaviors and the Couplets do that. Healthy relationships could be taught in PE for example to take the burden off of science teachers.

The committee agree that each person would go through the lessons and vote and comment on each suggested enhancement by January 30.