

Positive Prevention Plus
Comprehensive Sexuality Education
Middle School Syllabus

<u>Lesson Name</u>	<u>Contents</u>
Getting Started	Getting Started Lesson <i>(This lesson is required if student participates in <u>any</u> of the CSE lessons.)</i> <ul style="list-style-type: none"> - Creating Safe Space for Discussing Potentially Embarrassing Topics - Group Agreements & Pre-assessment - Assessing Data on the Sexual Health of Teens
1: Sexual Development	<ul style="list-style-type: none"> - Typical Female and Male Development - Gender Role, Gender Expression, Gender Identity, and Sexual Orientation - Common Sexual Health Concerns
2: Exploring Friendships	<ul style="list-style-type: none"> -Friendship: Liking vs. Loving -Planning an Activity
3: Bullying and Relationship Abuse	<ul style="list-style-type: none"> -Bullying -Protecting Yourself -Unlawful Sex with a Minor -Relationship Abuse -Yes means Yes -Sex Trafficking -Internet Safety
4: Preventing and Unplanned Pregnancy	<ul style="list-style-type: none"> -Family Planning -Sexual Abstinence -Contraception and Community Services
5: Teen Pregnancy: Choices and Responsibilities	<ul style="list-style-type: none"> -Teenage Pregnancies -Prenatal Care and Parenting -Adoption -Decision Making -Facing an Unplanned Pregnancy -The Safe Surrender Law -Abortion
6: HIV Myths and Stereotypes	<ul style="list-style-type: none"> -Persons Infected or Affected by HIV/AIDS -Loss Activity
7: The HIV/AIDS Epidemic	<ul style="list-style-type: none"> -HIV/AIDS Overview -Mismatch Activity
8: Preventing Sexually Transmitted Infections	<ul style="list-style-type: none"> -Overview of Sexually Transmitted Infections -STI Bulletin Board Activity (Optional) -STI Testing
9: Recognizing and Reducing Risks	<ul style="list-style-type: none"> -Red Light/Green Light Activity -Latex Condoms -Universal Precaution Demonstration -Sexual Abstinence
10: Media and Peer Pressure	<ul style="list-style-type: none"> -Media and Peer Pressures -Escape Plans -Assertive Skills Practice
11: HIV/STI Testing and Community Resources	<ul style="list-style-type: none"> -Virus "Z" Activity -HIV/STI Testing and Community Resources
12: Goal Setting	<ul style="list-style-type: none"> -The Path to Personal Goals -Personal Contacts -Settings Goals for the Future -Post Assessment