

**Positive Prevention Plus**  
**Comprehensive Sexuality Education**  
**Middle School Syllabus**

<u>Lesson Name</u>	<u>Contents</u>
Getting Started	Getting Started Lesson <i>(This lesson is required if student participates in <u>any</u> of the CSE lessons.)</i> <ul style="list-style-type: none"> <li>- Creating Safe Space for Discussing Potentially Embarrassing Topics</li> <li>- Group Agreements &amp; Pre-assessment</li> <li>- Assessing Data on the Sexual Health of Teens</li> </ul>
1: Sexual Development	<ul style="list-style-type: none"> <li>- Typical Female and Male Development</li> <li>- Gender Role, Gender Expression, Gender Identity, and Sexual Orientation</li> <li>- Common Sexual Health Concerns</li> </ul>
2: Exploring Friendships	<ul style="list-style-type: none"> <li>-Friendship: Liking vs. Loving</li> <li>-Planning an Activity</li> </ul>
3: Bullying and Relationship Abuse	<ul style="list-style-type: none"> <li>-Bullying</li> <li>-Protecting Yourself</li> <li>-Unlawful Sex with a Minor</li> <li>-Relationship Abuse</li> <li>-Yes means Yes</li> <li>-Sex Trafficking</li> <li>-Internet Safety</li> </ul>
4: Preventing and Unplanned Pregnancy	<ul style="list-style-type: none"> <li>-Family Planning</li> <li>-Sexual Abstinence</li> <li>-Contraception and Community Services</li> </ul>
5: Teen Pregnancy: Choices and Responsibilities	<ul style="list-style-type: none"> <li>-Teenage Pregnancies</li> <li>-Prenatal Care and Parenting</li> <li>-Adoption</li> <li>-Decision Making</li> <li>-Facing an Unplanned Pregnancy</li> <li>-The Safe Surrender Law</li> <li>-Abortion</li> </ul>
6: HIV Myths and Stereotypes	<ul style="list-style-type: none"> <li>-Persons Infected or Affected by HIV/AIDS</li> <li>-Loss Activity</li> </ul>
7: The HIV/AIDS Epidemic	<ul style="list-style-type: none"> <li>-HIV/AIDS Overview</li> <li>-Mismatch Activity</li> </ul>
8: Preventing Sexually Transmitted Infections	<ul style="list-style-type: none"> <li>-Overview of Sexually Transmitted Infections</li> <li>-STI Bulletin Board Activity (Optional)</li> <li>-STI Testing</li> </ul>
9: Recognizing and Reducing Risks	<ul style="list-style-type: none"> <li>-Red Light/Green Light Activity</li> <li>-Latex Condoms</li> <li>-Universal Precaution Demonstration</li> <li>-Sexual Abstinence</li> </ul>
10: Media and Peer Pressure	<ul style="list-style-type: none"> <li>-Media and Peer Pressures</li> <li>-Escape Plans</li> <li>-Assertive Skills Practice</li> </ul>
11: HIV/STI Testing and Community Resources	<ul style="list-style-type: none"> <li>-Virus "Z" Activity</li> <li>-HIV/STI Testing and Community Resources</li> </ul>
12: Goal Setting	<ul style="list-style-type: none"> <li>-The Path to Personal Goals</li> <li>-Personal Contacts</li> <li>-Settings Goals for the Future</li> <li>-Post Assessment</li> </ul>