

Positive Prevention Plus
BUSD Comprehensive Sexuality Education
7th Grade Syllabus

Lesson Name	Content
1. Getting Started	Getting Started Lesson <i>(This Lesson is required if student participate in any of the CSE lessons.)</i> - Teen Sexual Health - Creating Safe Space for Discussing Potentially Embarrassing Topics - Group Agreements & Pre-assessment
2. Understanding Change with Anatomy/ Physiology review	- Sexual Development of Human Body (Female and Male)
3. Gender & Orientation	- Gender and Sexual Orientation - Gender Role Stereotypes
4. Exploring Friendships	- Friendships - Couplets (Recognizing healthy vs unhealthy relationships) - Planning a Safe & Healthy Activity
(optional lesson on Consent)	- What is Consent
5. Bullying & Relationship Abuse (w/ Sexual Assault & Human Trafficking)	- Setting Boundaries - Sexual Harassment - Human Trafficking - Resources and Services
6. & 7. HIV Myths and Facts and Reducing Risks (1.5-2 days)	- HIV/AIDS Overview - HIV Transmission/Treatment/Prevention - HIV and AIDS Myth Buster - Being Compassionate
8. STIs, HIV, and Community Resources	- Overview of Sexually Transmitted Infections (STIs) - STI Testing
9. Preventing Pregnancy & Pregnancy Options (1-2 days)	- Prenatal Care and Parenting - Pregnancy Options (Parenting, Adoption, Abortion, Safe Surrender) - Making Healthy Decisions
10. Media & Peer Pressure	- Media and Peer Pressures - Assertive Skills Practice - Risk Avoidance Plan
11. Goal Setting & Wrap-Up	-The Path to Personal Goals - Setting Goals for the Future - Post-assessment

For Translation Assistance Please Call The District Hotline:

1-408-923-1901 (Chinese)
 1408-923-1902 (Spanish)
 1-408-923-1903 (Vietnamese)

An office assistant will get in touch with you to deliver the translation of the document

請利用校區熱線電話 1-408-923-1901 會有人與您聯繫,為您翻譯資料上的重要內容	Si desea más información en español por favor llame a la línea de asistencia en español al 1-408-923-1902 y alguien le llamará para darle un resumen de este documento.	Xin gọi số hotline của khu học tại 1-408-923-1903 và sẽ có người giúp quý vị để hiểu những điều cốt yếu của văn kiện.
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